

Beauty Chats By Edna Kent Forbes

Music And Beauty

AS SHE came out on the stage she seemed like a mere slip of a girl, with dark hair and pale dress, and a violin under her arm. She was so tiny in comparison to the big concert hall.

Then she played. As she went on, first through clever light novelties into romantic songs, finally ending in a glorious symphony, she seemed to fill the whole house with her wonderful personality. Two young girls in front of me drew envious breaths. "My, how beautiful she looks!" one said.

Later I had tea with her. Feature by feature, her face was lovely. Her figure was poor, but a clever way of dressing hid that. But when she talked, she seemed to be transformed into a really beautiful woman.

Devotion to any art will do that. If you really love a thing that is beautiful—like good music—it will beautify your soul so much that it will shine through your whole being, and leave its glamour about you.

Great musicians are born and made, too. I do not mean that practice alone can make an artist, where the original genius was lacking—and you, personally, may not have been intended for such an one. But, if you will devote some of your time to acquiring at least proficiency in music, you will be in touch with the greater souls who are masters of it, and gain just so much in personality and beauty. Even a fair musician is always in demand at parties, especially if she be a violinist or a pianist. A glamour of romance hangs about the violin, and the player as well. No girl playing a violin is ugly—she always seems beautiful to her audience.



Cultivate all the musical instinct you possess, it will make you prettier by lending finer quality to your face.

Please tell me the way to use butter with a skin bleach—Country Maid.
Reply—Internally and externally. If you drink enough of it, it will keep the stomach sweet and the liver active; besides, it is a food. If you use it externally, wash the face with it, rubbing it into the pores as if you were a lather. If the complexion is clean, the skin will be apt to be clear.

Questions and Answers

Dear since I had an operation performed, over two years ago, I have been getting ugly spots on my face. What do you think caused them, and can I get rid of them?—Mrs. G. H. K.

[Protected by the Adams Newspaper Service]

Bedtime Story For the Little Ones

UNCLE WIGGILY AND NEDDIE'S BARREL.

By HOWARD, R. GARIS.

"WELL, how are you today, Mrs. Stubbail?" asked Uncle Wiggily Longears, the rabbit gentleman, as he met the lady bear, mother of Neddie and Beekie Stubbail, in the woods one morning.

"Oh, I am very well, thank you, Mr. Wiggily," answered Mrs. Stubbail. "But my little boy is ill."

"Neddie ill? That's too bad!" exclaimed the bunny uncle. "What seems to be the matter?"

"Why, Dr. Possum thinks it's the spring fever," said Mrs. Stubbail. "You know, we bears have just awakened from our long winter sleep in the hollow log, and we are not very spry yet."

"I suppose that's what it is—spring fever," said Uncle Wiggily slowly. "What Neddie needs is to jump and run about—play tag, and so on. I'll come and see him, and perhaps he'll feel better."

When the bunny uncle went to see the little boy bear, who lived in a hollow tree, Uncle Wiggily found Neddie sitting all humped up in a corner, worse than Little Jack Horner when he pulled the Christmas plum out of the pie with his thumb.

"What's the matter, Neddie?" asked Uncle Wiggily.

"Oh—nothing," said Neddie, sort of lary like and indifferent. "I feel like a bear, and I don't like it."

"Oh, yes, three in!" cried Uncle Wiggily. "You need some exercise. Now you come with me, and I'll show you a game that all little boys ought to like to play."

"Is it tag?" asked Neddie. "Cause if it is, I don't want to play that."

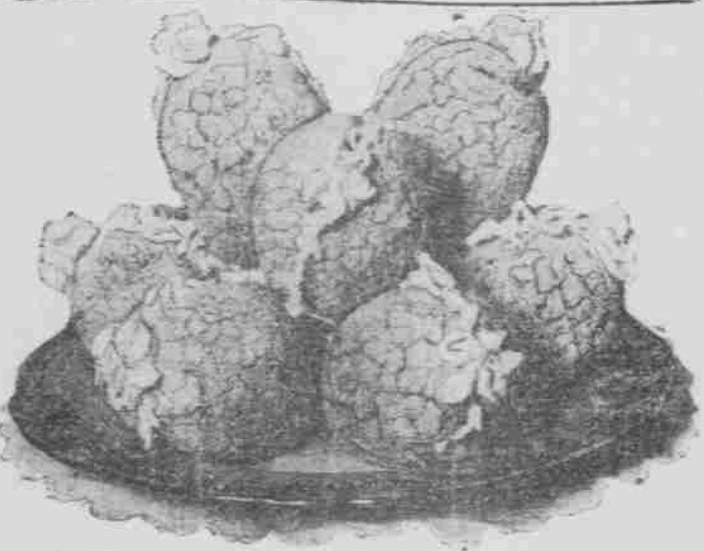
"It isn't tag," Uncle Wiggily said. "It's a barrel game," cried Neddie.

"What's that?" And he felt better already—not so much spring feverlike.

"To play the barrel game," said Uncle Wiggily, "you take an empty barrel and hang it up in the woods, with a piece of wild grape vine for a rope, so it will swing to and fro from a high branch. Then you, Neddie, must sit up on your hind legs and hit the swinging barrel with your front paws. Back and forth you knock it, just as hard as you can. It's just as easy as knocking the ball of string if some one held it up for them. But be careful the barrel doesn't swing back and hit you on the nose!"

"I'll be careful," promised Neddie. "Oh, this sounds real jolly! When may we begin?"

"The barrel was fastened to a tree by a wild grape vine rope, so it would swing back and forth like a pendulum

TODAY'S DAINTIEST DISH
"COOKERY IS BECOME A NOBLE SCIENCE"

A Dainty Dessert—Meringue Eggs

By CONSTANCE CLARKE.

THE aim of a properly constructed sweet is to convey to the palate the greatest possible amount of pleasure and taste, while it is in no way either suggestive of nourishment or solidity. Meringue eggs are delicious and the recipe is easily prepared.

Put into a thick clean stewpan two cups of fine granulated sugar and one cup of clear water. Place the pan on the stove and boil the contents till into a perfectly thick syruplike cream, removing any scum as it rises to the surface. Put into a whipping tin or bowl six fresh raw whites of eggs, add a pinch of salt and whip them as for ordinary

(To-morrow—Pastry Potatoes.)

meringues with a whisk till quite stiff; then add the syrup prepared as above, pouring it in by degrees and mixing it in very carefully. Drop in large spoonfuls on sheets of buttered paper. Dust the meringues over quite thickly with icing sugar, put them in a very moderate oven and bake till a pale fawn color and quite crisp and brittle, when they can easily be removed from the tin by means of a knife. Take them up and serve when cool with whipped cream. These meringues keep well if put in a clean box in a dry place, and the mixture may be colored if liked, in which case a little vegetable coloring should be added to the syrup when put on to boil.

of the clock, and there Neddie sat and played with it all day, knocking it to and fro, and sometimes stopping to eat some of the sweet molasses inside. And other the barrel came back so quickly that it hit the little bear on his nose. But he just said "Ouch!" and went right on playing. And the next day he had no spring fever at all.

So this teacher as it is a good thing to take exercise, and if the dumbbell doesn't stick in its sleep and sculp the Indian club when they go to the swimming pool together, I'll tell you next about Uncle Wiggily and the clothes line.

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HOROSCOPE.

Tuesday, May 23, 1916.

THE early hours today are best, according to astrology, for Mercury and Jupiter are in benefic aspect. Later Uranus, Mars, Venus and Saturn are all in evil place.

In the morning business affairs should be pushed vigorously. Then speculation may be lucky. Bankers should benefit.

Although the stars have presaged great gain for financiers, there are warning signs, however, indicating heavy losses and strange conditions should not be foreseen by those who ignore occult knowledge.

Women should conserve their energies while this conflict rages on, as the stars indicate confusion, delay and disappointment which nevertheless end happily.

There is a sign read as propitious for meeting that brings together large numbers of women, but sensational incidents are foretold and discussions or disagreements are indicated.

This is a government of the planets particularly trying for the aged and women should be careful, as serious illness may result for those who bear heavy responsibilities.

Venus continues to exercise a sinister power wherever persuasive or diplomatic measures are concerned. This is not an auspicious date for theatrical enterprises or for entertainments that challenge public approval. Critics are held to be usually severe under the sway of the stars.

Dangers of fraud in large contracts for supplies is indicated. A scandal relating to machinery or machines of some sort is predicted by the stars. Fame for a woman hitherto little

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Do you wear glasses? Are you a victim of eye-strain or other eye-weakness? If so, you will be glad to know that there is real hope for you. Many whose eyes were failing, say they have had their eyes restored through the principle of this wonderful free prescription. One man says, after trying it: "I was almost blind; could not see to read at all. Now I can read everything without any glasses and my eyes do not water any more. At night they would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can even read fine print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by following the simple rules. Here is the prescription: Go to Kelly & Pollard or any active drug store and get a bottle of Opton. Fill a two ounce bottle with warm water, drop in one Opton tablet and allow to dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start and inflammation will quickly disappear. If your eyes are bothering you, even a little, take steps to save them now before it is too late. Many hopelessly blind might have been saved if they had cared for their eyes in time.—Adv.

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SCHOOL DAYS

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By DWIG

